

The C2P PROCESS

Any military oriented group, for example VFW Posts, evaluate the program and commit to presenting it.

A designated leader / instructor is selected who then thoroughly reviews the course material from C2P (PowerPoint and Teaching Guide).

Gather participants at an agreed upon place and schedule to present BOOT CAMP OUT for PCN (Post Combat NORMAL).

Groups of 5 – 15 are suggested for a consecutive series of 90 minute sessions over a 6 – 8 period.

Summary

- 1) Commit**
- 2) Select Local Instructor**
- 3) Present BOOT CAMP – OUT over 6 – 8 week period**
- 4) Option continue group meetings as appropriate**